

## Office hours monday- Friday; 9- 1p.m. or by appointment

# Fall Happenings September-November 2023

#### -THIS SEASON AT THE GRAPEVINE-

**OUR GRAPE BIG YARD SALE! Saturday, September 23 from 8 a.m. to Noon** on the Grapevine front lawn. Come shop for new and gently used items of all varieties during the Antrim Home & Harvest event! All proceeds to benefit Grapevine children's programs. Rain date is Sunday, September 30 8am-Noon.

**MOBILE FOOD PANTRY AT THE GRAPEVINE- Saturday, September 30 from 2 to 4 p.m.** This special food resource is made possible in partnership with the Keene Community Kitchen. If you are challenged with food costs, come stock up on fresh produce, meats and other food items. Please bring identification with you if possible.

**Annual Online Auction**- We are accepting donations of items & services NOW! Join in the fun and help us raise funds to support our programs! **November 1-15** you can bid on experiences, gift certificates and more from businesses throughout the Monadnock Region! Visit the auction site at www.32auctions.com/grapevinenh.

**NEW! OUT AND ABOUT:** an outdoor based program for caregivers and their children- Beginning in September we will be offering the opportunity for families to gather on Thursday mornings from 10:00 to 11:30 a.m. to take local hikes and visit fun places. There will be three, 10-week sessions, the first starting on Thursday, Sept 14.

**THE MIDDLE YEARS:** YOUR CHILD FROM 5 TO 10 YEARS OLD- Four Zoom sessions: Oct 25, Nov 1, 8, & 15-Wednesdays from 7:00 to 8:30 p.m. Parenting driven topic ideas, starting with Getting out the Door in the Morning! Gather with other caregivers by Zoom to talk through the joys and challenges that others are going through too! **BETTER BEGINNINGS FOR BABIES-** Opportunity for parents, newborns, and infants to come together in a safe,

**BETTER BEGINNINGS FOR BABIES-** Opportunity for parents, newborns, and infants to come together in a safe, nurturing and fun environment. Offered weekly on Thursdays, 9:30 -11 a.m.

**BETTER BEGINNINGS PARENT/CHILD GROUPS-** For children birth to 5 years of age and their parents; meets weekly. Offered Monday, Tuesday, Wednesday or Friday 9:30-11:30 a.m.

**HILLSBOROUGH PLAY GROUP-** A interactive play group for children birth to age five with their parents and/or caregivers. Offered on Mondays from 1:00 to 2:30 p.m. and Thursdays 10-Noon in Hillsborough.

**DADS CAMPFIRE NIGHTS-** Meets on the first Tuesday of the month at The Grapevine from 7-8:30 p.m. An event for dads to relax around the campfire and share about all aspects of parenting.

 $To\ register\ or\ for\ more\ information\ on\ programs,\ call\ us\ at\ 603.588.2620\ or\ email\ us\ at\ info@grapevinenh.org$ 

#### -OTHER PROGRAMS & RESOURCES-

BEN PRATT COMMUNITY WOOD BANK, TOOL LENDING SHED, KINSHIP & RELATIVE CAREGIVER SUPPORT, LEARNING VINE PRESCHOOL, HOME VISITING & ONE-TO-ONE PARENT SUPPORT, SAIL EXERCISE PROGRAM, PLUS OUR AVENUE A TEEN CENTER PROGRAMS!

## Staff Spotlight: Lisa Swarbrick

Meet Lisa Swarbrick! Lisa joined the Grapevine in 2020 as our Financial Coordinator, though it feels like she's been here for so much longer! Lisa oversees our day to day financials, accounting and Human Resources. She is warm, curious, eager to help with any task and brings a wonderful sense of humor to her role! When she's not working, Lisa can be found landscaping, gardening, creating memories with her grandchildren, or planning & hosting social events; especially themed tea parties! We are so fortunate to have her at the Grapevine!



## LEND A HAND AT THE GRAPEVINE!

Cold season is upon us! The Grapevine needs volunteers with stacking wood in our wood bank. We are currently accepting cut, split and seasoned cord wood. Other ways to help: We are also looking for help with home based needs in the community such as shoveling & wood stacking. Please contact us to learn more.