

**Farewell:** We wish a fond farewell to Erica Snyder, our former Grapevine staff member who recently left her position as our Community Resource Coordinator as well as parent group facilitator and home visitor. Erica truly made an impact in the lives of many families with her respectful, caring approach and a gift for listening! Thank you Erica, we wish you all the best as you grow in your career!

### **SPECIAL PROGRAMS & EVENTS:**

**FREE TAX PREPARATION-** Appointments available through April. IRS-certified tax preparer Larry Schwartz is providing free tax preparation at The Grapevine on Mondays from 2-6pm through April 17, 2023. All returns will be filed electronically. Call us to make an appointment. Inquire about appointments in Hillsborough too!

**POSITIVE SOLUTIONS FOR FAMILIES-** A six week parenting program for those with children ages birth to 5. Learn ways to encourage positive behavior, use praise and encouragement, set up daily routines, understand the reason behind behaviors, make the most of play time. Program starts Wednesday March 8, 7 to 8:30pm via Zoom.

**NEW: STRONG LIVING (VERSION 2.0)!**- The Grapevine and Antrim Recreation are teaming up to offer a FREE exercise program for seniors. Starts Tuesday, April 11th! Classes will be offered twice per week on Tuesdays & Fridays, 1:30-2:30pm at Antrim Town Hall and led by Antrim Recreation staff. This will be an evidence-based strength, balance and fitness program for adults 65 and older.

**THE GRAPEVINE ANNUAL SPRING WALK-** Saturday, May 13 at 10am, rain or shine! Walk, wagon, bike, skate or stroller! Dogs on a leash are welcome. Help us raise funds to support the many programs and services we offer to families. Find our pledge forms at our website and posted throughout our community.

**ANNUAL BLACK FLY COMMUNITY ART EVENT-** Saturday, June 3 from 10am-Noon. Come have some family fun, create and view art! All welcome.

### **ONGOING PROGRAMS & OTHER RESOURCES:**

**STAY & PLAY-** Fun play for kids, meet other parents! Meets at the Grapevine on Thursdays from 9:30-11:00am. Please contact us to register.

**BEN PRATT COMMUNITY WOOD BANK, TOOL LENDING SHED, KINSHIP & RELATIVE CAREGIVER SUPPORT, BETTER BEGINNINGS PARENT/CHILD & BABY GROUPS, HILLSBOROUGH PLAYGROUPS, HOME VISITING & ONE-TO-ONE PARENT SUPPORT, DADS CAMPFIRE, PLUS OUR AVENUE A TEEN CENTER PROGRAMS.**

To register or for more information on programs, call us at 603.588.2620 or email us at [info@grapevinenh.org](mailto:info@grapevinenh.org)

## *Staff Spotlight:* Sarah Beaumont

Meet Sarah Beaumont, Office Administrator. If you have ever called or come into the Grapevine, you were likely greeted by Sarah first. She is often referred to as the glue of the Grapevine, because she is essential to pulling so many things together! Sarah oversees the day to day needs of the office, helps coordinate events and manages our Community Wood Bank. As an Antrim native growing up in a close knit family, she has always felt a sense of connection and responsibility to her community. Says Sarah, "I love my job because helping our community is important to me". Indeed, Sarah is kind, generous and always willing to go the extra mile for her co-workers and anyone who comes to the Grapevine!



### **LEND A HAND AT THE GRAPEVINE!**

We are accepting new and gently used items for our Fall Yard Sale! If you have items you would like to donate, please contact us in advance. Other ways to help out: Volunteer with our Avenue A Teen programs, stack and sort wood for our wood bank, grounds and seasonal clean up, help with special events and more!

**SUMMER ADVENTURES!** It's not too early to think about summer activities for your child. If you are looking for summer program options for your children, give us a call. We are still planning the dates and details!

4 Aiken Street | PO Box 637 | Antrim, NH | 603-588-2620 | [Grapevinenh.org](http://Grapevinenh.org)

This is not school sponsored.

