

December 2024 - February 2025

NEW PROGRAMS & EVENTS:

LYNN LYONS BOOK GROUP- Five Tuesdays, Jan 21 - Feb 18, 7 to 8:30pm. Join us for a 5 week Zoom discussion group and book reading of Lynn Lyons book, *Anxious Kids, Anxious Parents*. We will explore “7 ways to stop the worry cycle and raise courageous and independent children.” We will provide free books to all participants.

POSITIVE SOLUTIONS FOR FAMILIES- Parenting young children from 2 to 5 years old can be a challenge. Learn ways to encourage positive behavior: use praise and encouragement, set up daily routines, understand the reason behind the behavior, and make the most of play time. Program starts Thursday, March 6th, 7:00 to 8:30pm and runs for 7 weeks. *This group will be offered virtually over Zoom.*

Snowfamilies Playday- We are still planning details for our annual winter fun day. Please stay tuned for the date via our website and social media pages!

ON GOING PROGRAMS & OTHER RESOURCES:

ANTRIM (FREE) COMMUNITY SUPPERS: Join your friends and neighbors for a warm meal on the third Thursday of each month at the Antrim Presbyterian Church! Upcoming supper dates and sponsorships: Dec 19 (Antrim Grange), Jan 16 (Antrim Elementary School), and Feb 20 (Bank of NH). A special thank you to our Sept - Nov supper sponsors: Antrim Festival of Trees Committee, Antrim Democrats and Rick & Diane's Pizzeria/Avenue A TACO Dinner Club! Check on the suppers in other towns too! Frankestown: 1st Thursday, Bennington: 2nd Thursday, Hancock: 4th Thursday of each month.

BEN PRATT COMMUNITY WOOD BANK, INFORMATION AND SUPPORTED REFERRAL, KINSHIP & RELATIVE CAREGIVER SUPPORT, BETTER BEGINNINGS PARENT/CHILD & BABY GROUPS, HILLSBOROUGH PLAYGROUPS, OUT & ABOUT, HOME VISITING & ONE-TO-ONE SUPPORT, DADS & MOMS CAMPFIRE, SAIL EXERCISE GROUP, PLUS OUR AVENUE A TEEN CENTER PROGRAMS.

To register or for more information on programs, call us at 603.588.2620 or email us at info@grapevინeh.org

Project Spotlight:

This season, we're featuring progress on our new Avenue A Teen Center project! Since breaking ground on September 10, our construction team has done an excellent job of keeping on schedule. As of mid-November, this new addition to our building at 4 Aiken Street is fully framed and interior work has begun. We expect to be complete by mid-spring and can't wait to introduce the new Center to our teens and all of you! Stay tuned for more updates and photos on our Facebook page! **An important thing for our community to know is that the award we received to fund this project is only to build the building! It does NOT fund any programs, supplies, furnishings or staff! Please keep this in mind as you consider a donation to the Grapevine this season!**



FILE YOUR TAXES FOR FREE! At The River Center in Peterborough:

The Volunteer Income Tax Assistance (VITA) program is offering free tax preparation for eligible households with incomes of approximately \$67,000 or less. For more information, visit <https://rivercenternh.org/freetaxprep> or call The River Center starting January 13 at 603.924.6800 ext. 30.